

BOWLS

JERK CHICKEN

\$10

Boneless chicken marinated in Fresh Garlic, ground allspice, ginger, cumin, thyme and grilled to perfection

LAMB CURRY

Chunks of lamb meat, slow cooked in a Jamaican coconut curry with \$10 ginger & allspice

CURRY CHICPEAS

Slow cooked in a Jamaican coconut curry with ginger & allspice

FIRE ROASTED SALMON

\$10

Boneless Salmon Fillet, marinated in Fresh Garlic, ground allspice, ginger, cumin, thyme and grilled to perfection

\$9

BROWN STEW BEEF

Chunks of boneless Beef, slow cooked in a caramelized brown sugar reduction with herbs and spices

SIDES All sides \$2

STEAMED RICE

JAMAICAN RED BEANS

JAMAICAN PICKLED **CABBAGE SLAW**

CHOPPED ROMAINE

CUCUMBER

RED ONION

FREIED PLANTAIN

